Enrollment in a Social Insurance System

Do you or your family work for a company?

* Some part-time or temporary workers are covered by the system. Please check with the company you or your family work for regarding whether you must enroll in the system.

Yes

- ◆With regard to health insurance and pension systems in which you are obliged to enroll, the company you work for is required to take necessary procedures. Please request your company to do so.
- ♦If your company has not taken procedures for health insurance and pension systems and you have not enrolled in those systems, please consult with a pension office.
- ★ For more details, please consult with your nearest pension office.

No

- With regard to health insurance and pension systems in which you are obliged to enroll, you are required to take necessary procedures on your own at the national health insurance and national pension counter in the local office of the municipality in which you reside.
- * In general, those who are unemployed, or who are foreign students or pre-college students having a part-time job in which they work no more than 28 hours a week, are covered by this type of system.
- ★ For more details, please consult with the national health and national pension counter in a local office of the municipality in which you reside.

If you are 75 years old or older, you are obliged to enroll in the Medical Care System for Latter-Stage Elderly.

★ For more details, please consult with the counter for the health insurance system for the latter-stage elderly in a local office of the municipality in which you reside.





^{*} Those who wish to consult with a pension office in a language other than Japanese need to be accompanied by an interpreter.

Social Insurance Systems

You are obliged to enroll in one of the health insurance and pension systems.

1. Employee's Health Insurance System

Foreign nationals who are regularly employed by a target business establishment are covered by Employee's Health Insurance, and must enroll in the system.

Those who enroll in the health system can receive necessary insurance benefits, etc., when they or their dependents become sick or injured, give birth, or die.

- * A target business establishment means a corporation or a sole proprietorship which employs 5 workers or more.
- 2. National Health Insurance System and Medical Care System for the Latter-Stage Elderly
- (1) Foreign nationals aged under 75 who are not covered by any health insurance system
- (2) Foreign nationals aged 75 or older

Those who fall under either of the above, who have applied for a foreign resident registration and whose period of stay is to be one year or longer under the Immigration Control Act (including those who are permitted to stay in Japan for one year or longer), are covered by the National Health Insurance System (for those who fall under (1)) or the Medical Care System for Latter-Stage Elderly (for those who fall under (2)), and need to take procedures for enrollment.

Those who have enrolled in the National Health Insurance System or the Medical Care System for Latter-Stage Elderly can receive insurance benefits, etc., for medical treatment received for illness and injuries.

* When you receive medical care at a medical institution without presenting your employee's health insurance card, national health insurance card or latter-stage elderly medical insurance card, you must in principle bear the full expenses for medical care.

3. Employee's Pension Insurance and National Pension Systems

Foreign nationals who are regularly employed by a target business establishment are covered by the Employee's Pension Insurance System, and must enroll in the system. Foreign nationals who are not regularly employed but have a fixed address in Japan must enroll in the National Pension Plan.

For those who enrolled in the pension system and meet certain requirements, an old-age pension, disability pension (or disability allowance), or survivors' pension will be paid when they reach old age, become disabled, or die, respectively.

Foreign nationals who enrolled in a pension system in Japan can apply for the Lump-Sum Withdrawal Payments after they leave Japan.